Substance Abuse Rehabilitation Program

Naval Hospital

Camp Lejeune

Robert M. Peebles, Dept Head

Population Served

- Active Duty Military
- Retirees
- Family Members
- Eligible Government Employees

Services Provided

- Initial Screening
- Intro to Treatment/Skills Building Group
- IMPACT
- Outpatient
- Intensive Outpatient
- Continuing Care
- Dual Diagnosis Group
- Couples Group

Additional Resources

- Back on Track
  - Two week Intensive Outpatient for Combat Stress and PTSD (MHC)
- Outpatient Crisis Prevention Program (OCCP)
  - One week Intensive Outpatient for Coping and Resiliency Skills building
- Combat Stress Group (MHC)
  - Twice weekly Back on Track continuing care group
- Ad-sep Group (MHC)
  - Weekly support group for service members waiting for admin separation

Additional Resources (cont)

- Concussion & mTBI Program (Blast Clinic)
  - Two week Intensive Outpatient coping, resiliency & education for TBI
- Active Duty Women (MHC)
  - Weekly process and support group for women's issues
- Depression/Anxiety Class (MHC)
  - Four week cycle of CBT for mild-moderate depression/anxiety
- PTSD Group 1 and 2 (DHC)
  - Twice weekly process group
- Relaxation Group (DHC)
  - Weekly group for relaxation techniques and social support.

SARP Identified GWOT Issues CY 08

Cmd	Seen	GWOT	Referred	Receiving Clinic
Div	1299	294	105	Div Psych
MLG	481	68	24	Mental Health
II MEF	261	49	16	Mental Health
MCB	374	53	16	Mental Health
TOTAL:	2415	464	161	

GWOT-Screening process identified that substance use was caused/exacerbated by combat

Referred-after review by Clinical Psychologist to need further assessment/intervention outside the substance abuse professional scope of practice

Initial Screening

- Conducted daily (approximately 20)
- Determine an individuals provisional diagnosis and Level of Care.
- 45-60 minutes
- Reasons Seen:
  - ARI's
  - DRI's
  - Self Referrals
  - Medical

Screening Tools

- Navy Clinical Package
- DSM-IV-TR
- ASAM Patient Placement Criteria
- PHQ-9
- AUDIT
- PCL-M
- TBI Screen
- Epworth Sleepiness Scale
- Breathalyzer
- Saliva Drug Test (randomly)

Intro to Tx/Skills Building

- Didactic Sessions
- Task Group Sessions
- IOP recommendation, OP case-by-case
- Once weekly until OP/IOP begins

IMPACT Level .5

- 20 hours of substance use/abuse education and prevention.
- 4 half days
- Conducted every other week
- No Dx
- Isolated incidents
- AUDIT Score <4

Outpatient Level I

- Group Sessions
- Didactic Sessions
- Individual Sessions
- 20-40 hours per week for two weeks
- Admission every other week
- Abuse/Dependence Dx
- AUDIT Score 4-9

Intensive Outpatient Level II.I and II.5

- Group Sessions
- Didactic Sessions
- Individual Sessions
- Up to 100 hours over three weeks
- Admission every other week
- Abuse/Dependence Dx
- AUDIT Score 10+

Continuing Care

- Group Sessions
- Individual Sessions
- Six sessions closed, transferred to open groups
- Once per week for two hours
- Currently 6 meeting times
- Abuse/Dependence Dx
- Up to 12 months following treatment

Dual Dx Group

- Psychologist/LCSW lead
- Didactic/process groups
- Twice weekly
- Substance abuse/dep and PTSD Dx
- Pre/Post treatment as needed

Couples Group

- Psychologist/LCSW lead
- Process groups
- Weekly
- Substance abuse/dep and PTSD Dx
- Pre/Post treatment as needed
- Minimum of 4 sessions

Staffing

- 1 – Department Head
- 1 – Admissions Coordinator
- 2 – Clinical Psychologists
- 2 – LCSW
- 13 – SA Counselors
- 8 – Admin/Medical Support

Contact Information

- Substance Abuse Rehabilitation Program
  - Dept Head (910)451-0244
  - Admissions (910)451-0256/0257
  - Front Desk (910)451-1175